

Small Group Questions:

1. When you were a child, what did you imagine a "life to the max" would look like? Has your view changed? If so, what caused it to change? What is your view of "life lived to the max" now?
2. Tell your group about someone you think has lived their life well.
3. Paul emphasizes in this passage how our thoughts steer our actions. Have you ever tried to change your actions without first changing your mind? If so, how did it work out?
4. In the book *The Pursuit of God*, A.W. Tozer says that if we could rightly ascertain what a person truly thinks about God in his or her heart of hearts, we might accurately predict their spiritual future. Do you agree? Why or why not?
6. When we talked about upgrading our thoughts, two possible applications mentioned were to either limit the intake of the world's message or to increase the volume of God's message through Scripture. Which application do you feel applies more to your situation right now? What specific ways are you planning on making that happen?

Living Life to the Max ***Ephesians 4:17-24***

- I. You don't live to the max when you _____ (17-19)
 - A. Our hearts become _____ (18-19)
 - B. Our thoughts become _____ (17-18)
 - C. _____ makes us miss out on the good life God intends (18)
- II. We live to the max when we follow Jesus' example of _____(20-24)
 - A. We need to ditch the _____ way of doing things (22)
 - B. We need to upgrade our _____ (23)
 - C. We need to act in light of _____ (24)

If you want to live to the max, _____.